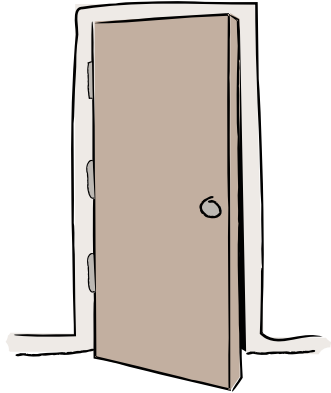


DOOR



Looking ahead ...

How do you think you could be
a *better friend*?

Write your ideas in the **friendship circle**.



I will try to be an even better **friend** by.....

IMAGINOR 

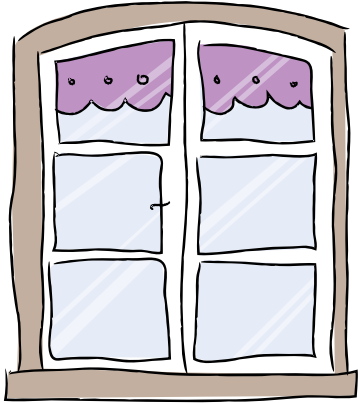


Name

VALUE: **FRIENDSHIP** MY REFLECTION JOURNAL

Sit comfortably on the carpet.
Be as still as you can.
Become aware of your breathing.
As you look into the candle flame,
think about why **friendship** is important.
Write your ideas around the picture of the candle.

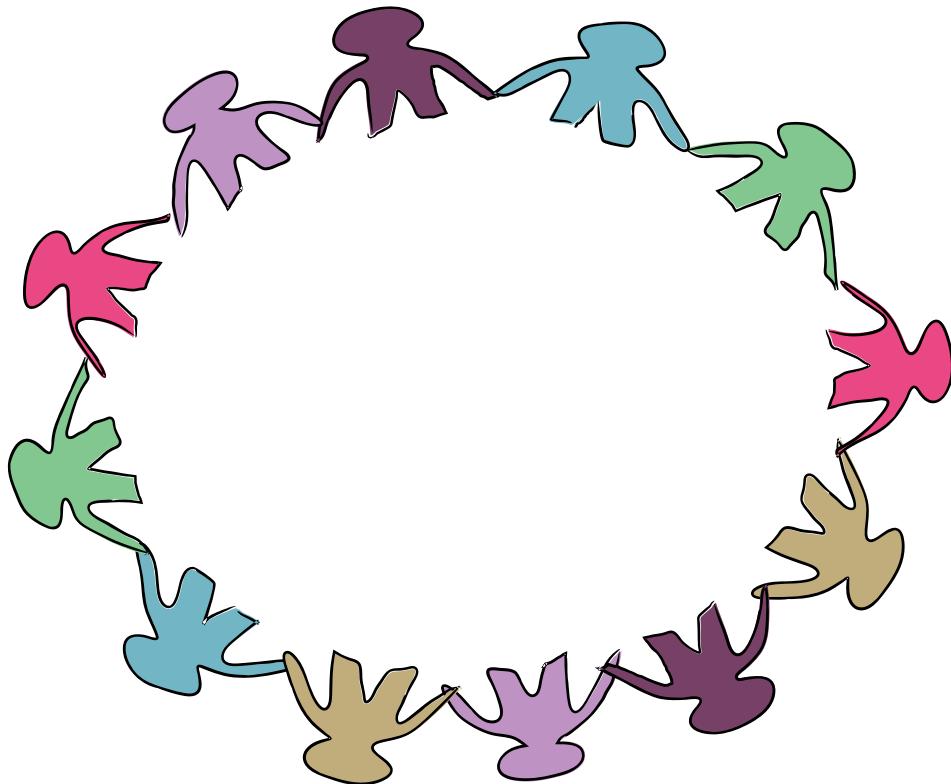
WINDOW



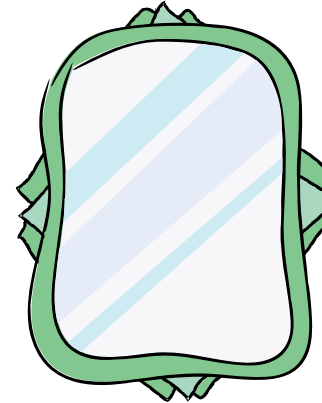
Looking out ...

Good friends are very precious.
Think about a time when a **friend**
helped you.

Draw what happened in the
friendship circle.



MIRROR



Looking in ...

Are you a good **friend** to someone?
What are the qualities of a good **friend**?

Write your ideas in the
friendship circle.



The most important qualities of
a good **friend** are.....